

2010 Garner Dolphins Registration Package



Welcome to the Garner Dolphins!

Swimming is a fun and exciting competitive lifetime sport that is challenging and fulfilling for everyone. The Garner Dolphins Swim Team has been around for many years and has one of the most enjoyable summer swimming programs in the area. We look forward to a fun and exciting swim season!

The information on the back of this page is intended to give general information on registration and other important items. The swim team is not designed to replace swim lessons. Swimmers ages 7 to 18 should be able to swim unassisted before joining the team. Swimmers ages 6 and under should be comfortable in the water and able to tread water. If your child needs swim lessons, you may contact the pool manager for more information.

The Garner Dolphins swims under the Tarheel Swimming Association (TSA) program. For more information on TSA, please visit their website at www.tsanc.org. **TSA rules state that in order to swim for a summer league team, your family must be a member of the resident pool.** For more information on joining the Heather Hills Pool / Garner Swim & Rec. Club, please visit www.heatherhillsclub.com or see the pool manager on duty.

All parents must sign up to volunteer at a minimum of four (4) swim meets for the season. Sign up sheets are posted throughout the season and we ask, if possible, you sign up today. Our meets begin at 6:00pm. For home meets, swimmers should arrive by 4:45pm for 5:00pm warm-ups; away meets no later than 5:15pm for 5:30pm warm-ups. If your child is going to be late, you must contact the coach so that we will not pull your swimmer from his/her events. Also, the coach must know if a swimmer will miss a meet.

In the event of inclement weather, ALWAYS go to the meets. Summer storms come and go quickly. You will be notified if a meet is cancelled, but this rarely happens.

Please check the Garner Dolphins website often (www.garnerdolphins.com). We will do our best to update it regularly and provide important information to you there. You can also get a copy of the team handbook on the website that will answer many of your questions. We will try to post updates of any schedule changes there as well. Also photos will be taken throughout the season that you can view and share with your friends and family. If you have any suggestions on how to improve the website, please contact our volunteer webmaster, Jay Lee.

The above information is just some of the highlights, but does not begin to encompass all of the details of the swim season. Please consult the handbook for more details.

We are glad you have decided to be part of our team this year and look forward to an enjoyable season. If you have any questions, please let us know.

The 2010 Garner Dolphins Committee –Jill Bryan, Sarah Carey & Deanna Clack

Garner Dolphins Swim Team

Registration & General Information

Swim Team Chair(s)	Jill Bryan (414-5281)
Sarah Carey (210-0818)	Deanna Clack (218-2427)
Coaches	Cassia Lewis & Jon Sherwin
Swim Team Registration	Begins May 8th, 2010 (see below)
Weekly Parent Meetings	Every Monday at 7pm Starting June 7th

Dolphin Fee Schedule

<u>Children in Program</u>	<u>Dues</u>	<u>Food Charge</u>	<u>Total</u>
One child	\$60	\$5	\$65
Second child	\$55	\$5	\$60
Each additional child	\$50	\$5	\$55

Note: Swimsuits, Goggles, Swim Caps, T-shirts, etc. will be available for purchase separately.

Dolphins Practice Schedule - Begins June 1, 2010

<u>Age Group</u>	<u>Practice Time</u>
6 and under	6:30pm-7:00pm Mon.-Thurs.
7/8 and 9/10	7:00pm-8:00pm Mon.-Thurs.
11 and Up	8:00pm-9:00pm Mon.-Thurs.
All ages	9:00am-10:00am Saturday

2010 Swim Meet Schedule

**Meets will be held on Tuesday nights and will begin promptly at 6:00pm. Warm-ups begin at 5:15pm for away meets and 4:45 pm for home meets.*

<u>Date</u>	<u>Garner Dolphins (33) vs.</u>	<u>Home/Away</u>
June 15	Carpenter Village (35)	Home
June 22	Haddon Hall (31)	Away
June 29	Weldon Ridge (36)	Home
July 6	Wellington Park (37)	Away
July 13	TAC (38)	Home
July 20	Bentwinds (34)	Away

Other Important Dates

May 8, 15	Early Registration at the Pool 10am to 12pm
May 26	Early Registration at the Pool 6pm to 8pm
May 29	Registration at the pool 10am to 12pm & 6pm to 8pm
June 1	Practice Begins and Swimsuit Fittings
June 15	First Meet
June 24	Picture Day Individuals 6pm Team Picture 7:00pm
July 11	S.W.I.M (Southern Wake Invitational Meet)
July 22	Awards Banquet & Pool Party Starts at 7pm

*Directions to Away Meets and Other Important Info. Will Be Provided At Monday Parent Meetings. Directions will also be posted to our website: www.garnerdolphins.com

2010 Garner Dolphins Swim Team Registration Form

Swimmer(s) Information:

Last Name,	First Name,	Gender(circle)	Birth Date	Age on June 1 st	Fee
1.	_____	M / F	_____	_____	\$65
2.	_____	M / F	_____	_____	\$60
3.	_____	M / F	_____	_____	\$55
4.	_____	M / F	_____	_____	\$55
TOTAL					_____

Parent(s) Information:

Name(s) _____

Address _____

City _____ State _____ Zip _____ Email _____

Phone: _____

Day _____ Evening _____ Mobile _____

List child(ren)'s name(s) and any known allergies or medical conditions below:

Please list any planned vacation dates:

By signing below, I release Heather Hills Club, Inc. and the Garner Dolphins Swim Team from any liability for possible injuries sustained while at meets or practice. I understand that my child(ren) will be expected to use safe swimming practices at all times and adhere to all pool rules and regulations. I also understand that siblings are not allowed to swim in any area of the pool during a meet or practice when no lifeguards are on duty. I also agree by the policies and rules set forth in the Garner Dolphins Handbook and all associated documentation provided to me during the season.

Furthermore, the use of Heather Hills Club, Inc. pool by persons who are not currently members and all parties associated, use the pool at their own risk and Heather Hills Club, Inc. assumes no responsibility for the injury, sickness or personal property damage resulting from such use. Participants are expected to abide by the rules and regulations of this pool.

Parent Signature: _____ **Date:** _____

REGISTRAR USE ONLY

<u>Amount Paid</u>	<u>Check No or "Cash"</u>	<u>Date Paid</u>	<u>Accepted By:</u>



Garner Dolphins Swim Team 2010 Team Sponsorship Information

Thank you for your interest in sponsoring the Garner Dolphins Swim Team this year. Through sponsorships, we are able to promote growth of the team by keeping dues as low as possible, as well as provide funds to purchase much needed supplies and equipment for the team. This year, we are pleased to offer two sponsorship levels as outlined below:

What do you get?	Gold	Silver
Sponsorship Amount	\$200	\$100
Name on the back of the season T-shirt	X	X
Logo on the back of the season T-shirt	X	
One free souvenir T-Shirt	X	
Name displayed on team banner at all meets	X	X
Name in the banquet program	X	X
Logo in the banquet program	X	
Name mentioned over loudspeaker at all 3 home meets	X	X
Web link on Garner Dolphins Website (www.garnerdolphins.com)	X	
Promotional materials/items made available during 3 home meets and banquet (optional)	X	

To become a sponsor, please complete the information below and mail your sponsorship payment to the address below. **Thank you for your support!**

Sponsor Name:

Address:

Contact Person:

Phone(s):

Email:

---Gold Sponsors only:

Web Address (for link ad):

T-Shirt Size Requested (Circle One): Adult XXL / XL / L / M / S Youth: L / M / S

**Mail payment to: Garner Dolphins Swim Team
c/o William G. Lewis, Treasurer
812 Old Scarborough Lane
Garner, NC 27529**

2010 Garner Dolphin Shirt Order Form

I would like to purchase:

(Quantity) _____ T-Shirts at 15.00 each = \$ _____

Adult

Youth

Circle Size:	Shirt #1	XXL / XL / L / M / S	L / M / S
	Shirt #2	XXL / XL / L / M / S	L / M / S
	Shirt #3	XXL / XL / L / M / S	L / M / S
	Shirt #4	XXL / XL / L / M / S	L / M / S

TOTAL \$ -----

Name: _____

Check # (or "CASH"): _____ Payment Date _____

Volunteer Information

Parents, please review the volunteer information on the following pages and list below the positions you would like to sign up for. Remember, parents are required to sign up for at least four meets during the season:

Parent #1

Parent #2

First Choice:

Role and Meet Date

Role and Meet Date

Second Choice:

Role and Meet Date

Role and Meet Date

Third Choice:

Role and Meet Date

Role and Meet Date

What Can I Do To Help?

MEET POSITIONS

Every open position is easily learned, requires no prior experience, and you don't have to do it alone. Leads are responsible for having their respective positions filled for each meet, either home or away and serve as the meet director's primary contact.

A) Meet Director - Assures all meet positions are filled for home meets and serves as focal point for operational issues before, during and after meets. A familiarization of swim meet procedures would be helpful but not required. Training will be made available prior to the first meet.

B) Clerk of Course - Lines up our swimmers in the order that they swim. The announcer calls for each gender/age group for each event to report to the clerk of course. You will organize the swimmers according to the event sheets and lineup prepared in advance by the coach. You will get to meet all the swimmers and give them a word of encouragement as they line up to swim. You will be moving about the starting end of the pool.

C) Ribbon Writer - Records the swimmer's name and event on the back of each place ribbon. You will receive the results on the main event sheets after the scorer has recorded the necessary information. You will have a supply of ribbons, a roster for each team and you sit at the ribbon table. You do not pass these ribbons out to swimmers. The coach will do that following the meet or at the next practice.

D) Ribbon Distributor - Passes out ribbons to heat swimmers and commends them as they come out of the water. The winner receives a Heat Winner ribbon and all other swimmers in that heat receive a Fast Swim ribbon. You will be located at the finish end of the pool.

E) Place Judge/Timer - Observes the finish order for the point-scoring heats (main events). First and second place judges use stopwatch to maintain pool records. You'll communicate the finish results to the recorder. You have no duties during non-scoring heats. You will be moving about the pool deck throughout the meet. Each team supplies three judges/timers at each meet.

F) Personal Best Timer - Times all of our team's swimmers at dual meets while sitting in poolside chairs. Writes down or provide a recorder for your lane's time and swimmer # (written on swimmer's arms or legs).

G) Recorder - Completes event sheets for each main event by recording the order of finish and times according to the place judges.

H) Runner - Takes event sheets from the recorder and disqualification sheets from stroke and turn judges and carries them to the scorer's table. The runner must deliver

the sheets directly to the scorer's table and not allow coaches or other interested parties to see them in transit. This is a mobile position (wear comfortable shoes).

I) Stroke and Turn Judge - Observes the main event swimmers looking for disqualifying motions. These judges must learn what to look for and disqualify swimmers in point-scoring events who commit violations. Heats are not judged. This judge stands on the side of the pool. Each S&T Judge is required to attend a TSA two-hour class. Each team provides one judge per meet.

J) Starter - Furnished by the home team. The starter has complete control of swimmers delivered to the starting blocks by the clerk of the course. Uses the commands "step up" (or "step in the water" for backstroke), "Timers and judges ready", announce the distance and stroke or relay event, "Take your mark", press the starting device button. This position remains stationary at the starting end of the pool.

K) Announcer - Communicates to swimmers, officials, and observers over the public address system. Welcomes the visiting team to our pool, announces the officials for the evening, calls each event so the meet flows smoothly, and announces team scores throughout the evening.

L) Meet Setup - Sets up backstroke flags, starting blocks, lane ropes, chairs behind blocks, scoring, ribbon and announcer tables, temporary lights, distributes vests and stopwatches to officials. You need to have the pool ready for warm ups which begin at 5:00pm.

M) Meet Cleanup - Gets the facility back in order, collects trash, puts away lane ropes, starting blocks, backstroke flags, 6-under finish rope, lights, and PA system.

N) Concessions - Sets up and operates concession stand at home meets. This position involves some pre-meet preparation.

O) Kid Pushers - Supervises an age group of boys or girls during the meet and delivers swimmers to the Clerk of Course according to the meet lineup sheets prepared in advance by the coach showing each swimmer's events. If your team records the unofficial time for each swim, you will be responsible for making sure all swimmers in your group have their swimmer number (tattoo) printed on the arm or leg where it will be visible to the personal best times. You will be moving about the pool deck, primarily between the team sitting area and the starting end

P) Scorer - Keeps a running total of points earned by each team. You will work with the other team's scorer. You will receive results for each main event and give 5 points to first place, 3 points to second, and 1 point to third (relays received points for first place only). You use a preprinted scoring sheet that is easy to understand. You will be seated at the scoring table. A sheet explaining scoring will be available at each meet.